



## ADULT ULTIMATE FRISBEE – FALL LEAGUE

| [Carrboro Recreation and Parks Department](#) |

The Carrboro Recreation and Parks Department utilizes the information below for the purpose forming teams via a draft process by the volunteer team captains. Information on this self-evaluation will be coupled with observations during pick-up to aid in the drafting of teams.

*This information should **ONLY** be submitted **AFTER REGISTERING FOR A LEAGUE ONLINE OR IN PERSON.***

In order to be eligible to participate, all registered participants must also complete, sign and submit an [ADULT PLAYER CONTRACT](#) as well.

Please complete the ENTIRE form. Following the draft, the volunteer team captain(s) from your assigned team will contact you regarding your first practice night and/or first game.

Step 1 \_\_\_\_\_

Name of Participant: \_\_\_\_\_

\_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

E-mail: \_\_\_\_\_

Best Reachable Telephone: \_\_\_\_\_

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**Step 2**

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Gender (please circle):

FEMALE

MALE

**Step 3**

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T-shirt Size (please circle):

SMALL

MEDIUM

LARGE

X-LARGE

XX-LARGE

**Step 4**

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Please indicate if you are interested in being a volunteer team captain (please circle):

YES

NO

**Step 5**

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Please complete the following information as a representation of your skill level, strategy knowledge, fitness/athleticism, any recent playing experience and what percentage of games you think you will be able to attend during this season.

Please rate yourself in the following categories on a scale of 1-5 with 1 being low and 5 being high:

**SKILL LEVEL:**

Please rate your overall skill level (throwing, catching, cutting, etc.): \_\_\_\_\_

**STRATEGY KNOWLEDGE:**

Please rate your knowledge of the game (rules, stacking, forces, offensive and defensive strategies, etc.): \_\_\_\_\_

**FITNESS/ATHLETICISM:**

Please rate your athleticism (conditioning, speed, quickness, etc.): \_\_\_\_\_

**GAME ATTENDANCE:**

I plan on attending roughly (please circle): 25% 50% 75% 100% of the games this season

**RECENT PLAYING EXPERIENCE:**

Recent team/league/year you played for: \_\_\_\_\_

**Step 6**

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**Special Request or Information:** *(Please note: Special requests are NOT guaranteed.)*